AutoKarnet

# BMW F 700 GS Standard maintenance sheet

F 700 GS · 75 PS (55 kW)

Years : 2013–2017 Generated on : 04 November 2026

## Technical specifications

Petrol | Engine code : BMW 798 | 798 cm³ | Manual 6

## Maintenance schedule

≈: estimated reference — the vehicle's service indicator prevails.

| ITEM | INTERVAL | |
|---|---|---|
| **Oil and filter change** | **≈ 10,000 km or 1 year** | JASO MA or MA2 approved four-stroke motorcycle oil (JASO MB on scooters): an "energy conserving" car oil makes the wet clutch slip. Change it more often in city use or on track. |
| **Brake fluid** | **Every 2 years** | Replace the fluid in both circuits (and the hydraulic clutch if fitted), whatever the mileage; dark fluid has absorbed moisture. |
| **Fork oil** | **≈ 30,000 km** | Fork oil change and seal check; an oil film on the tubes means a seal needs replacing before it contaminates the brake caliper. |
| **Chain kit (chain and sprockets)** | **≈ 25,000 km** | Lubricate and check the tension every 500 to 1,000 km and after rain; replace chain and sprockets together when the chain no longer holds its tension or the teeth are hooked. |
| **Spark plugs** | **Every 20,000 km** | Replace the full set; worn plugs raise consumption and cause misfires. |
| **Air filter** | **Every 40,000 km** | Replace more often in dusty conditions. |
| **Valve clearance** | **Every 20,000 km** | Check and adjust if needed, often together with the plugs; too little clearance burns the valves, too much makes the engine noisy. |
| **Coolant** | **Every 3 years** | Replace the coolant and check the hoses and radiator; check the level cold between services. |

## Service record

| DATE | MILEAGE | WORK DONE | WORKSHOP |
|---|---|---|---|
| | | | |
| | | | |

| DATE | MILEAGE | WORK DONE | WORKSHOP |
|---|---|---|---|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

> Indicative intervals and costs: adapt maintenance to the engine, use and manufacturer’s instructions.

Full schedule and updates : https://auto-karnet.com/en/maintenance/bmw/f-700-gs/f-700-gs-2013-2017/standard-75