AutoKarnet

Volkswagen Amarok 2.0 TDI 140 4MOTION maintenance sheet

Amarok I · 140 PS (103 kW)

Years : 2010–2016 Generated on : 04 November 2026

Technical specifications

Diesel | Engine code : EA189 2.0 TDI | 1 968 cm³ | Manual 6

Maintenance schedule

≈: estimated reference — the vehicle's service indicator prevails.

ITEM	INTERVAL	
Oil and filter change	**≈ 30,000 km or 2 years**	Typical interval: 30,000 km or 24 months, whichever comes first. VW 507.00 — Engine, model year and severe use may require a shorter interval; do not exceed the service warning. The listed oil approvals are not interchangeable: check the one for the engine.
Brake fluid	**Every 2 years**	Brake fluid: generally replaced every 2 years; inspect the brakes at each service.
Timing belt	**Every 180,000 km**	Replace the complete kit (belt, tensioners and usually the water pump) at whichever comes first; a broken belt destroys the engine.
Air filter	**60,000 km or 4 years**	Replace more often in dusty conditions.
Cabin filter	**30,000 km or 2 years**	Often replaced at each service; earlier if smells or persistent misting appear.
Diesel filter	**60,000 km or 4 years**	Drain any water at each service; a clogged filter causes loss of power.

Service record

DATE	MILEAGE	WORK DONE	WORKSHOP

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Indicative intervals and costs: adapt maintenance to the engine, use and manufacturer’s instructions.

Full schedule and updates : https://auto-karnet.com/en/maintenance/volkswagen/amarok/amarok-1-2010-2020/2-0-tdi-140-4motion-140