AutoKarnet

Volkswagen Golf Plus / Golf Sportsvan 1.4 16V maintenance sheet

Golf Plus · 80 PS (59 kW)

Years : 2005–2010 Generated on : 04 November 2026

Technical specifications

Petrol | Engine code : 1.4 16V | 1 390 cm³ | Manual 5

Maintenance schedule

≈: estimated reference — the vehicle's service indicator prevails.

ITEM	INTERVAL	
Oil change — LongLife service	**≈ 30,000 km or 2 years**	Per indicator, up to ~30,000 km / 2 years. VW 504 00 (petrol) or 507 00 (diesel) oil required to stay on LongLife.
Oil change — fixed service	**15,000 km or 1 year**	Every 15,000 km or 1 year. Fixed-interval scheme, advised for city or severe use.
Brake fluid	**Every 2 years**	At 3 years, then every 2 years. Time-based replacement, whatever the mileage.
Timing belt	**90,000 km or 5 years**	Replace the complete kit (belt, tensioners and usually the water pump) at whichever comes first; a broken belt destroys the engine.
Spark plugs	**30,000 km or 2 years**	Replace the full set; worn plugs raise consumption and cause misfires.
Air filter	**60,000 km or 4 years**	Replace more often in dusty conditions.
Cabin filter	**30,000 km or 2 years**	Often replaced at each service; earlier if smells or persistent misting appear.

Service record

DATE	MILEAGE	WORK DONE	WORKSHOP

DATE	MILEAGE	WORK DONE	WORKSHOP

Indicative intervals and costs: adapt maintenance to the engine, use and manufacturer’s instructions.

Full schedule and updates : https://auto-karnet.com/en/maintenance/volkswagen/golf-sportsvan/golf-plus-2005-2014/1-4-16v-80